

*Note: To work in the garden and see how it grow
makes you slow down relax and stay in the moment*

Snap

Snap the corn out of the biscuit
Bring the sun out of the rain
Leave all sorrows in the basket
Burn them with you`re eternal flame

Blow the ashes at you`re garden
Melt it down with all you`re grain
Water them with all you`re tears
fertilize with all you`re pain

Now let the sun rinse all over you`re face
Feed you`re mind with all that grace
Let you`re feet out of the closet
Spread you`re towels out on that space

Now let it shine upon you`re body
Let it whisper in your ears
Let it dry all you`re tears
You got nothing more to fear

Snap the cork out of you`re bottle
Take one sip out of your soul
You knew you`re gorgeous and delicious
Good enough to reach you`re goal

Watch the flower that is growing
See the tree it has become
Spread its seed towards you`re garden
Close your eyes towards the sun

Now let the sun rinse all over you`re face
Feed you`re mind with all that grace
Let you`re feet out of the closet
Spread you`re towels out on that space

Now let it shine upon you`re body
Let it whisper in your ears
Let it dry all you`re tears
You got nothing more to fear